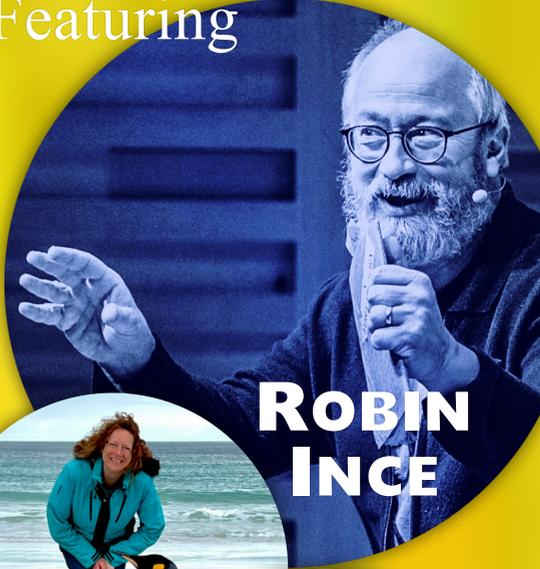




Featuring



**ROBIN
INCE**



**HAZEL
PRIOR**



**ROBERT
GARNHAM**

and many more!

6 SEPTEMBER



THE PRINCESS
Theatre & Arts Centre



Burnham
Library

burnhambookfest.co.uk

[@BurnhamBookFest](https://twitter.com/BurnhamBookFest)

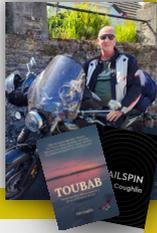
Creative Writing & Mindfulness - 10:00 Pizey

Explore mindfulness and creative writing in this two-hour workshop with author Penny McPherson. Learn how mindfulness can help you to deeply focus on issues or transport yourself to past experiences by anchoring in the present. Penny will guide you in methods to immerse yourself in the now, allowing you to release your creativity. (2hr) £12



Rock Bottom - 10:30 Mendip

From drink, homelessness, drugs and crime, hear how Rob Coughlin made it through rock bottom and survived to tell the story in Tailspin. (1hr) £2



Meet the Local Writers

- 12:00 Mendip

Somerset is packed with talent! Anne Parsons, Andrew Claydon & Christine Seddon-Kaye talk about what they're working on and how they got into writing. (1hr) Free

Sh*t Creek to Somewhere Else

- 12:00 Library

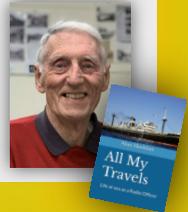
Angie Clarke was recently awarded the British Empire Medal for her services to charity. She shares her turbulent journey to recovery and the lessons she used to navigate her way through it. (1hr £2)



Alan Huddart: Life at Sea - 10:30 Library

"Growing up in the 1940s, 1950s and 1960s wasn't always easy, but as everyone did in those days, we got on with it." Alan Huddart's book 'All My Travels' tells the story of how a young man from Cumberland saw the world whilst serving as a Radio Officer in the early 1960s.

(1hr) £3



Captivating Characters Workshop - 12:30 Pizey

A compelling protagonist is the beating heart of a good story. Award winning writer Elizabeth Delo guides you in creating memorable, convincing, three-dimensional characters to bring your work to life.

(90mins) £12



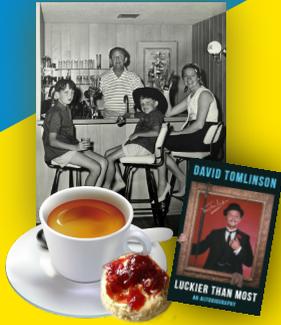
This is Us - The Individuality Project

- 13:30 Mendip

The Individuality Project has been working with local people to create ceramic figures and share their stories. Hear from Bridget Hemmings & Rachel Bunce about their new book filled with the lives and words of our community. (1hr) Free



NEW EVENT ADDED!



Tea with Mr. Banks - 15:00 Princess Theatre Cafe

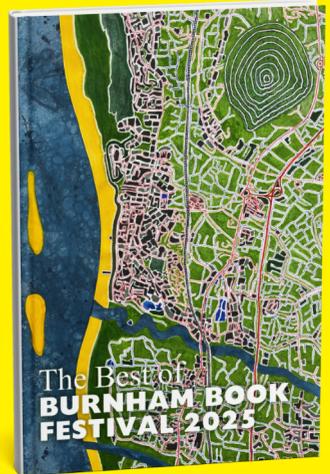
You're cordially invited to "Tea with Mr Banks", an afternoon of stories, nostalgia and refreshments with James Tomlinson, son of legendary British actor David Tomlinson, for a special literary and cinematic celebration.

Ticket price includes a scone with jam, clotted cream and fresh strawberries, with a pot of tea or a coffee!

FESTIVAL SALES HALL

10am to 4pm

Featuring stories and poems from entrants to the festival writing competition, get your copy of **The Best of Burnham Book Festival 2025** from the festival table in the main hall



2022, 2023 &
2024 anthologies
also available!

Odd Poles & Baggy Trousers on the Camino de Santiago

- 14:30 Pizey

Paula Rooney began solo adventuring in her fifties. First interrailing round Europe, then two years later she walked 500 miles on the

Camino de Santiago

(1hr) £4



Comedy Poetry Workshop

- 15:00 Mendip

Professional poet and performer Robert Garnham guides you in finding the right words and rhythm to bring a smile to your face. No previous poetry experience needed

(1hr)
£10/£8



Big Stuff About the Brain - 16:00 Pizey

Join Dr Andrew Curran, paediatric neurologist, brain expert, and musician as he fuses cutting-edge neuroscience with the power of live music. Andrew brings the science of healing and joy to life.

(1hr) £6/£4



Robert Garnham Poetry Performance - 16:30 Mendip

Robert is an hilarious, creative, and accomplished performance poet who has performed across the country, supporting John Hegley, Arthur Smith and Paul Sinha, and more. He brings us wordplay and silliness combined with social sensibility in poems, jokes and high jinx. (1hr) £4



Awards Ceremony - 17:00 Main Hall

Celebrate our 2025 shortlisted writers and poets, with bestseller Damien Boyd! Free.

A Harp & Many Penguins - 17:30 Pizey

Hazel Prior's bestselling trilogy features life-affirming adventures of a cranky but determined octogenarian and her penguin friends. Hazel talks about her inspiration and experiences, with harp music! (1hr) £4



Normally Weird & Weirdly Normal - 19:00 Main Hall

Robin Ince is a national treasure: writer, comedian, presenter and explorer of ideas. His latest book, Normally Weird and Weirdly Normal: My Adventures in Neurodiversity, explores what it means to be human.



Diagnosed with ADHD at 52, Robin's book shares his experiences of discovering his own 'weird' and reflects on the challenges and the power that come from diversity of perspective.

The book asks, what if being a bit weird is actually entirely normal? And what if sharing our internal struggles wasn't a sign of weakness, but strength?

(90mins) £10/£8

SCHEDULE

- 10:00 : Creative Writing and Mindfulness Workshop. £12. Princess - Pizey
-
- 10:30 : Rock Bottom talk with Rob Coughlin. £2. Princess - Mendip
-
- 10:30 : Life at Sea talk with Alan Huddart. £3. Library
-
- 12:00 : Meet the Locals panel session. Free. Princess - Mendip
-
- 12:00 : Sh*t Creek to Somewhere Else with Angie Clarke. £2. Library
-
- 12:30 : Captivating Characters Workshop. £12. Princess - Pizey
-
- 13:30 : This is Us: The Individuality Project. Free. Princess - Mendip
-
- 14:30 : Odd Poles and Baggy Trousers. £4. Princess - Pizey
-
- 15:00 : Poetry Workshop with Robert Garnham. £10/£8. Princess - Mendip
-
- 16:00 : Big Stuff About the Brain with Andrew Curran. £6/£4. Princess - Pizey
-
- 16:30 : Poetry Performance from Robert Garnham. £4. Princess - Mendip
-
- 17:00 : Award Ceremony with Damien Boyd. Free. Princess - Hall
-
- 17:30 : A Harp and Many Penguins with Hazel Prior. £4. Princess - Pizey
-
- 19:00 : Normally Weird & Weirdly Normal with Robin Ince.
£10/£8. Princess - Hall

Our Venues

Burnham Book Festival sessions take place at **The Princess Theatre** and **Burnham Library** on Princess Street, TA8 1EH. The venues are opposite each other, the location of each session is listed in this programme and on your ticket but, if you're not sure, ask a volunteer!

Tickets

All tickets are available from:

The Princess Theatre
www.theprincess theatre.co.uk
01278 784464

Contact us

For full details of all our sessions, plus news and updates, visit our website:

burnhambookfest.co.uk

We'd love to hear from you. If you have any questions or want to give us feedback, email:

info@burnhambookfest.co.uk

or find us on social media at [@BurnhamBookFest](#)